Research discoveries can improve people’s health

Before you decide to become a research volunteer, get the facts:
• Know what you’re getting into.
• Ask questions.
• Learn as much as you can.
• Know the pros and cons.

It’s Your Decision

For More Information

Contact
Hennepin Healthcare Research Institute
701 Park Avenue, S9.317
Minneapolis, MN 55415
612 873 6341
researchinquiry@hhrinstitute.org

Additional Resources
Association for the Accreditation of Human Research Protection Programs, Inc.
http://www.aahrpp.org/

Center for Information & Study on Clinical Research Participation
http://www.ciscrp.org

Clinical Trials.gov (NIH)
http://www.clinicalTrials.gov

Food & Drug Administration
http://www.fda.gov

NIH & Clinical Research
https://www.nih.gov/health-information/nih-clinical-research-trials-you

US Department of Health and Human Services

Content provided by the Office of Human Research Protections

Becoming a Research Volunteer

It’s Your Decision

Hennepin Healthcare Research Institute
What Is Clinical Research?

- Scientists conduct clinical research to find new or better ways to treat diseases.
- Some other words that describe research are clinical trial, protocol, survey, or experiment.
- Research is not the same as treatment.

Why Is Clinical Research Important?

Research has led to important discoveries that make our lives better. Some examples:

- New diagnostic equipment such as better X-ray machines.
- Better medications to treat disease.
- Improved and safer medical and surgical procedures.

Questions to Ask

- Who is sponsoring the research?
- What exactly will happen to me in the research?
- Will there be any side effects?
- Will the research help me personally?
- What other options do I have?
- Can I leave the study if I change my mind?
- Will it cost me anything personally?
- How will it affect my daily life?
- Who should I contact with questions about the research?

Points to Consider

- A research study may or may not help you personally.
- In the future, the results could help others.
- You may have unanticipated side effects.
- Taking part in research is voluntary.