

Research discoveries can improve people's health

Before you decide to become a research volunteer, get the facts:

- Know what you're getting into.
- Ask questions.
- Learn as much as you can.
- Know the pros and cons.

It's *Your* Decision



For More Information

Contact

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Additional Resources

Association for the Accreditation of Human Research Protection Programs, Inc.
<http://www.aahrpp.org/>

Center for Information & Study on Clinical Research Participation
<http://www.ciscrp.org>

ClinicalTrials.gov (NIH)
<http://www.clinicalTrials.gov>

Food & Drug Administration
<http://www.fda.gov>

NIH & Clinical Research
<https://www.nih.gov/health-information/nih-clinical-research-trials-you>

US Department of Health and Human Services
<https://www.hhs.gov/ohrp/education-and-outreach/about-research-participation/index.html>

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Becoming a Research Volunteer



It's *Your* Decision

 Hennepin**Healthcare**
Research Institute

Becoming a Research Volunteer

It's Your Decision



Someday, you or a family member may want to take part in a research study. The information here may help you make a decision.

What Is Clinical Research?

- Scientists conduct clinical research to find new or better ways to treat diseases.
- Some other words that describe research are clinical trial, protocol, survey, or experiment.
- Research is not the same as treatment.

Why Is Clinical Research Important?

Research has led to important discoveries that make our lives better. Some examples:

- New diagnostic equipment such as better X-ray machines.
- Better medications to treat disease.
- Improved and safer medical and surgical procedures.

Questions to Ask

- Who is sponsoring the research?
- What exactly will happen to me in the research?
- Will there be any side effects?
- Will the research help me personally?
- What other options do I have?
- Can I leave the study if I change my mind?
- Will it cost me anything personally?
- How will it affect my daily life?
- Who should I contact with questions about the research?



Points to Consider

- A research study may or may not help you personally.
- In the future, the results could help others.
- You may have unanticipated side effects.
- Taking part in research is voluntary.

